

Mindfulness  
Hareketi

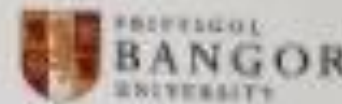


This is to certify that;

**Ece Ağabeyoğlu**

has successfully completed 8 Weeks  
Mindfulness Based Stress Reduction (MBSR) Course  
Jan 2020

Kivircim Kiran Gen  
Accredited MBSR Teacher



Kivircim Kiran Gen is an accredited MBSR Teacher and follows the Teacher Training Path of Centre for Mindfulness Research and Practice, School of Psychology, Bangor University. Gen has an ethical commitment to follow the UK Network for Mindfulness-Based Teachers Good Practice Guidelines for Teaching Mindfulness-based courses.